



Greek Orthodox Church

714 19th St.

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FATHER STELIOS SITARAS (361) 510-1357 FRSTELIO@AOL.COM

Parish Council

Mary Jo Naschke,
President.

Tina Meschede West,
Vice President

Lee Douvry, Treasurer

Stephanie Petas,
Secretary

Paul Aiello

Homer Rigas

George Costos

Council Meeting

November 13

11:45 am



Greek Orthodox
Ladies'
Philoptochos Society

Cornelia Chapter

Elizabeth George
President

*All ladies are invited.
Please join the
philanthropic arm of the
church*



George Marinos
Chapter

Nick Voris
President

November 2022

Beloved Sisters and Brothers in The Lord,

Greetings in The Lord! Words are not adequate to express my sincere and heartfelt gratitude for all of our beloved parishioners and dedicated friends who worked tirelessly to make our 38th annual Galveston Greek Festival a tremendous success.

Our community showed all of our guests just how warm and welcoming our church and our faith can be. And it is very appropriate, in this very blessed time of Thanksgiving, where families gather to offer thanks to Our Lord for the blessings that He abundantly gives all of us, to also thank Him for everything He does for us, for our friends and for our families.

But Thanksgiving is not just one day for us; Thanksgiving spans every day of our lives. It is included in every prayer and in every request for divine guidance and grace. Being thankful is part of our DNA, and how all of us are hard wired. We are taught as children to always say “please” and “thank you”.

So as we welcome the month of November, again, I offer my sincere gratitude to all of you, I hope that you can enjoy Thanksgiving with your families, and I pray that Our Lord continues to bless you.

Your Brother in The Lord,

Fr. Stelios

CALENDAR

Wednesday, November 2

6 pm: Bible Study
Community Center &
Zoom

Sunday, November 6

9 am: Orthros
10 am: Divine Liturgy

Prosforo: Tina West
Fellowship: Paul & Barbara Aiello
Council: Tina West & Paul Aiello

Sunday, November 27

9 am: Orthros
10 am: Divine Liturgy

Prosforo: Mary Jo Naschke
Fellowship: Mary Jo Naschke
Council: Lee Douvry & Paul Aiello

Sunday, November 13

9 am: Orthros
10 am: Divine Liturgy
Prosforo: Mary Jo Naschke
Fellowship: Rouz Ahkras
Council: Mary Jo Naschke &
Lee Douvry

Tuesday, November 15

Nativity Fast Begins

Wednesday, November 16

6 pm: Bible Study
Community Center & Zoom

Sunday, November 20

9 am: Orthros
10 am: Divine Liturgy

Prosforo: Penny Routsas
Fellowship: Penny Routsas
Council: Homer Rigas & Stephanie Petas

Services r livestream www.zoom.com
Join Meeting: ID 318 858 0640 Password: 427 338

Fasting – common questions

Fasting is a tool that is used to assist in spiritual growth. It is the Orthodox Tradition to fast from food products that contain blood. So, we fast from meat, fish, dairy products, oil and wine. To check for days of fasting and what foods are allowed on certain days, you can refer to the Orthodox calendar for symbols for each fast day.

Cross Symbol: Strict Fast – No meat or dairy products, wine or oil

Grapes Symbol: No meat or dairy products, but wine and oil are allowed

No Symbol: Fast Free

Fish Symbol: No meat or dairy products but fish is allowed

When to Fast:

- Each Wednesday & Friday – Strict Fast unless otherwise indicated
- **Nativity Fast – November 15 – December 25**
- Lenten Fast - February 22 – April 6, 2023
- Pentecost
- Transfiguration of Jesus Christ

- *Fasting prepares us to receive Holy Communion*

Holy Communion:

Fasting in preparation to receive Holy Communion includes not consuming coffee or food prior to receiving. If you are receiving communion in the morning, you are to abstain from food and liquids beginning at bedtime.

Thank you all for supporting the most successful Greek Festival we have had to date!!! We will issue a report on our final bottom line shortly. We are very happy with the results so far. To those of you who volunteered – we could not have done it without you. It takes a community – and we did it!!!

Please check the church website for additional helpful guidelines.

www.assumptiontx.org

